

IBEW/NECA SERVICE CENTER

WE CARE ABOUT YOUR GOOD HEALTH!

FROM
GUMDROPS
TO GOOD
HABITS



2025 HEALTH FAIR

Saturday, October 4th
7am-1pm



HEALTH ASSOCIATES®

IBEW Local 1 Union Hall
5850 Elizabeth Avenue
St. Louis, MO 63110

Screenings & Flu Shots start at 7am
All other events from 9am-1pm

FREE

The Comprehensive Wellness Screening is **FREE** to all Active Members, Covered Spouses, Covered Adult Dependents (18+), & Retirees.

See Wellness FAQ for details.

EASY

Your **FREE** Wellness Screening (takes <5 minutes) is available at the upcoming Health Fair event & at 1,600+ clinics nationally!

Flu shots only at Health Fair Event.

REWARD

All wellness screening participants at the **Oct 4th Health Fair Event** are eligible for the **Gift Card Raffle!** This year's Health Fair also features: **BBQ Lunch, Magician, Flu Shots, & more!**

REGISTER ON-LINE or BY PHONE



easy

800.832.8302

(M-F, 8:30-5pm CST)

Wellness.HHHealthAssociates.com

New Users, enter company code: **IBEW**

Once submitted, click the email link to activate your account.

Existing Users, enter username & password

REGISTER!

Fasting NOT required (questions, see Wellness FAQ or call H&H). Flu shots not available at clinics.



Flu Shots are FREE to all eligible members (ages 3+) only at the Health Fair event.

All individual test results are held 100% Confidential & HIPAA compliant by H&H Health Associates, NEVER shared with the Fund, nor any third party without your approval.



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**3D
Mammography**



Our specialty is you.

Mammography makes a difference



St. Luke's Mobile Mammography Unit will be at

**IBEW Local #1
5850 Elizabeth Ave.**

Friday, Oct. 3rd - 8 a.m. to 1:30 p.m.

Saturday, Oct. 4th - 8 a.m. to 1:30 p.m.

Saturday, Oct. 11th - 8a.m. to 1:30 p.m.

October 11th will be at the Service Center, 5735 Elizabeth Avenue

Schedule your appointment by calling 314-205-6267.

This service provides screening mammograms for women 40 years of age and over. The fee will be billed to you or your insurance. We submit claims for you to participating insurance companies and Medicare. Women with no insurance may be eligible for free mammograms. No physician order required.

VENDORS

Al Anon

Amy Lane Massage

Catering by The Christy & Picnic People

Cigna

Delta Dental

Empower

H&H Health Associates

Lolli and Lollipop

Metlife

Optum

PreventED-NCADA

Scarborough Alliance

Schucat, Cook & Werner

SSM Select Rehab

St. Louis Children's Hospital

St. Louis Science Center

St. Lukes Hospital

VSP

Wreaths Across America



IBEW Local No. 1, Health & Welfare Fund

2025 Wellness FAQ

Frequently Asked Questions

1. What is the Wellness Screening?

The Wellness Screening involves a simple blood test to scientifically determine one's current health status. The testing that the IBEW Local No. 1 Health & Welfare Fund is making available to you is extremely comprehensive, far beyond any typical blood test obtained through your doctor's office.

2. Who will see my results?

Only the participant will see their individual results. All individually identifiable lab test results are held 100% Confidential & HIPAA compliant by H&H Health Associates, Inc., and are only shared with the individual participant, unless the participant requests otherwise (ex: share with one's doctor).

3. What blood tests are being performed?

*The free wellness screening includes 50 blood test results and is far beyond what's available under most any health insurance plan. The out-of-pocket cost for testing this extensive is typically between \$400-\$500. The screening performed is **NOT** testing for drugs, alcohol, HIV, or STDs. Instead, it looks at diabetic risk, heart health, bone health, thyroid, liver function, kidney function, prostate health (PSA blood test for males 40+), etc. Here is a full listing of all test results:*

Triglycerides	Total Cholesterol	HDL Cholesterol	LDL Cholesterol
VLDL Cholesterol	Cholesterol Ratio	Total Iron	TIBC
Iron Saturation	Glucose	BUN	Creatinine
BUN/Creatinine Ratio	Sodium	Potassium	Chloride
Carbon Dioxide	Calcium	Protein	Albumin
Globulin	Albumin/Globulin Ratio	Bilirubin Total	TSH
AST (SGOT)	ALT (SGPT)	Hemoglobin	Hematocrit
White Blood Cell Count	Red Blood Cell Count	MCV	MCH
MCHC	RDW	Platelet Count	Neutrophils
Lymphocytes	Monocytes	Eosinophils	Basophils
Alkaline Phosphate	Hemoglobin A1C	Bilirubin Direct	UIBC
Neuts (Absolute)	Lymphs (Absolute)	Eos (Absolute)	Baso (Absolute)
Mono (Absolute)	HS Cardio CRP	PSA (if Male 40+)	



Once logged in, using your Username (email address) and Password, select the “SCREENING” box located on your personalized Dashboard/Homepage, and then follow the instructions as to when and where you would like to participate.

Upon arrival, you can then choose to complete your free Wellness Screening and/or Flu Shot.

Questions, or to register by phone, call H&H (M-F, 8:30am-5pm CST) at 314.845.8302.

6. What if I can't participate at the Annual Health Fair Event?

Eligible members can also have their free, confidential wellness screening performed at an approved walk-in clinic (1,600+ nationally). To do so, simply register on-line (see above) or call H&H Health Associates (M-F, 8:30am-5pm CST) at 314.845.8302.

CLINIC PARTICIPANTS: Take the lab paperwork (received via email) along with a photo ID to the approved clinic. No co-pay, appt, or insurance information needed.

Note: Flu Shots are only available at the Health Fair Events.

IMPORTANT: All blood work must be completed by December 31, 2025!

7. Can I access my wellness screening results on-line?

Yes, wellness screening results through H&H are available on-line, typically within 3-5 days of completing your blood draw. If you create an account in the H&H wellness portal, you will receive a notification when your on-line results are ready to be viewed. Simply log into the wellness portal and click the “BIOMETRIC RESULTS” tab on the dashboard page to view your most recent lab test results (these are broken down by category with an explanation about each test). You can also download and/or print your lab test results to share with your physician as well as access previous lab test results through H&H by clicking on the “HISTORICAL RESULTS” box on the dashboard page.

8. What feedback will I receive?

In addition to the on-line reporting available to on-line registrants, all participants receive a detailed, customized report in the mail (typically within 2 weeks of completing their screening). This customized, easy-to-read report contains information about the participant's current health status, trending information (if applicable), along with personalized notations from the H&H nurse who reviewed the lab test results. The report also contains a traditional lab report and trending summary (last page), both of which are meant to be shared with the participant's personal physician. In the event lab results indicate the need for more immediate attention, a nurse from H&H Health Associates will contact the participant within approximately 72 hours of receiving their results. Nurse outreach phone calls are not meant to scare individuals, nor provide a diagnosis or recommendation of treatment. Instead, these calls are designed to alert the participant to a concern through a basic consultation, and to help coordinate results (with the participant's consent) to their doctor.

9. What information will IBEW, Local No. 1 Health & Welfare Fund receive?

IBEW, Local No. 1 Health & Welfare Fund will only receive aggregate (group) reporting of the results. No individual results are shared with the Fund or any third party without your consent. Our partner H&H Health Associates is an independent third party & will manage all test results.